

Tadcaster Medical Centre Update

We have created this newsletter at the request of our **Patient Participation Group**. We hope you find it interesting and informative.

Doctors: Wendy Reeves, Andrew Inglis, Katy Turton, Alison Pitt, Kate Langridge & James Reynolds

ELECTRONIC PRESCRIPTION SERVICE



The Electronic Prescription Service allows you to nominate a pharmacy and have your prescriptions sent there automatically when they are issued by the practice. You can nominate a pharmacy anywhere, near work or home, by filling in a form at your preferred chemist or by asking the reception team at the practice.

ONCE YOU HAVE NOMINATED A SPECIFIC CHEMIST ALL PRESCRIPTIONS WILL GO THERE UNTIL YOU TELL US TO STOP OR NOMINATE A DIFFERENT PHARMACY

There is no obligation to nominate a pharmacy, if you would prefer to collect your paper prescription from us then you can continue to do so as normal.

Dispensing patients are not impacted by this change and can continue to collect their medication from Val, Anne and Helen.

Surgery Opening Hours:
 Mon - Fri 8:30am - 6:00pm
 Sat morning 8:00am - 12:15pm

The **Dispensary** for patients living outside Tadcaster closes from **12:30 - 1:30pm** each day but



Reception remains open for all other queries. Saturday morning surgery is pre-booked, routine appointments only.

Reception staff will not be able to tell you which GP the appointment is with, only that it will be one of the partners.

IMPORTANT INFORMATION:
IF YOU NEED EMERGENCY TREATMENT WHEN THE SURGERY IS CLOSED BETWEEN:

**8:00am - 8:30am
 & 6:00pm - 6:30pm
 PHONE: 0030 123 0938**

BETWEEN THE HOURS OF:
**6:30pm - 8:00 am
 PHONE: NHS 111**

Travel Advice UPDATE!

Whether travelling for business or pleasure Tadcaster Medical Centre can offer tailor made advice for all your overseas health needs!....



If you intend to travel overseas (for holidays or work) you should be aware that we now need a completed travel risk assessment form completing before a consultation takes place. We will review your destination, plans and previous vaccine history and advise you of what you need -ideally 4-6 weeks before departure.

Some vaccines are free under the NHS, others for more exotic climates are not and will have a cost implication which MUST be paid in advance of the consultation. Please note we can only accept cheques or cash at this time.

DON'T FORGET!

Check your vaccine status before travelling overseas and plan at LEAST 4 WEEKS, prior to leaving the UK.

Measles & Mumps

If you are under 25 and aren't sure if you have had two doses of the MMR vaccine, please ask at reception. There are an increasing number of cases of mumps and measles in the UK so it is particularly important to ensure that you're protected.

Visit website for more info:

<http://www.nhs.uk/conditions/vaccinations/pages/mmr-vaccine.aspx>

For the results of blood tests or scans please call between **2:00 - 4:00pm**



Please do not call at other times.

Other Services

Phlebotomist on site every morning Mon - Fri (booked appointments only). Blood samples are sent to York District Hospital for analysis at the end of the morning so blood tests cannot be taken in the afternoons.

Midwife - Andrea Huby from York District Hospital on site Tuesday and Friday mornings each week. She will see all our expectant mums wherever they want to give birth.

Physiotherapy Team - is based next door at the Health Centre.
Tel: 01904 724900

There is no need to see a GP to be referred for routine physio. Just ask at reception for a physio self referral form.